Lies
Have you ever lied (told a lie) to a (close) family member to avoid (some) trouble (or punishment)?
Have you ever told (someone) that you were in one place when you were actually in another (place)?
Did you ever make any mistakes and tell lies to avoid a major punishment (problem)?
Did you ever tell any lies to hide something that made you feel ashamed?
Did you ever give false information to give a false appearance about yourself?
Have you ever lied to (any of) your parents to avoid punishment?
Have you ever lied to (any of) your children (relatives) to keep them from worrying?

Mistakes
Have you ever done something (anything) when you were upset that you later regretted (a lot)?
Have you ever made any (any kind of) mistake from which you learned an important lesson?
Have you ever made a mistake that, if you were born again, you would probably never make again?
Have you ever done something (anything) that you were (very) ashamed of afterwards?
Have you ever done something (anything) that you decided to keep secret?
Have you ever done or said something impulsively that you later felt ashamed of?

Feelings
Have you ever hurt (have you ever done something that hurt) the feelings of a loved one?
Have you ever said anything in anger that hurt (the feelings) of (any) loved one?
Did you ever get involved in any romantic relationship that hurt (someone's) feelings?
Have you ever gotten angry while on any type of transportation and verbally assaulted anyone?
Have you ever been upset (very upset) with your partner and engaged in any behavior that you later regretted?
Have you ever betrayed (done something that made you feel like you were betraying) the trust of a loved one?
Have you ever felt that you have failed a loved one?
Have you ever scolded (had to scold) (very) unfairly anyone close to you?

Other wrong actions
Have you ever bad-mouthed (criticized) a person who was not present?
Have you ever done something that if they (your parents/mother/grandparents/grandmother) knew about it they would be disappointed?
Have you ever deleted a message from your cell phone to prevent someone else from seeing it?
Have you ever gone to any kind of gathering without permission (knowledge) of your (parents/grandparents/partner)?
Have you ever made fun of a classmate at school (work)?
Have you ever borrowed something and forgot or decided not to return it?
Have you ever cheated on any kind of test (at school)?
Have you ever revealed a secret that someone (close to you) told you?
Have you ever hidden from someone because you didn't want to say hello?
Have you ever misbehaved in any environment (and for that reason you were called to attention)?
Have you ever fought (verbally) with a classmate (family member) at school (work/home)?
Have you ever spread any rumors that were not true?